



HRCJTA TB 2026-02

DATE: May 1, 2026

TO: Hampton Roads Criminal Justice Training Academy Member Agencies

FROM: Scott Barlow, Executive Director

SUBJECT: Mandatory Work Performance Course for BLE- HRCJTA Training Bulletin 2026-02.

The Hampton Roads Criminal Justice Training Academy (HRCJTA) provides certifications in several basic specialties such as: as Basic Law Enforcement (BLE), Basic Jailor, and Basic Dispatcher/Telecommunicator. These basic certifications are governed by the Department of Criminal Justice Services (DCJS).

For the Basic L.E. DCJS has updated all Performance Outcomes which become mandated January 1, 2027. Performance Outcomes 9.2.1 (9.2.1.1- 9.2.1.18) are related to an obstacle course with the below mandated obstacles:

9.2.1. Navigate and complete an obstacle course while running, jumping, and crawling, under the **required time of 1:36**, by the end of the academy.

9.2.1.1. Receive a physical description of a suspect, while seated and belted in a vehicle, timer begins when monitor says "Go."

9.2.1.2. Run 25 yards, then

9.2.1.3. Jump 3 feet, then

- 9.2.1.4. Run 25 yards, then
- 9.2.1.5. Climb or pull oneself over a 5-foot vertical obstacle, then
- 9.2.1.6. Run 10 yards, then
- 9.2.1.7. Crawl under an obstacle that is 2 feet high X 10 feet long, then
- 9.2.1.8. Run 25 yards, then
- 9.2.1.9. Climb 8 inch "step up and down" (12 times), motion must be "up/up-down/down," then
- 9.2.1.10. Run 15 yards, then
- 9.2.1.11. Climb through a window 36 inches wide X 30 inches high X 3 feet above the ground, then
- 9.2.1.12. Run 10 yards, then
- 9.2.1.13. Identify the suspect, then
- 9.2.1.14. Run 15 yards, then
- 9.2.1.15. Drag a 150-pound object 5 yards, then
- 9.2.1.16. Run 20 yards, then
- 9.2.1.17. Place barrel of weapon through 6 inch opening, dry-fire the weapon once with dominant hand and dry fire the weapon once with non-dominant hand, then
- 9.2.1.18. Place handgun on the table (this action stops the timer)

The HRCJTA has built this Work Performance Course at our new facility located at 12650 Patrick Henry Drive, N.N. It is encouraged that all L.E. agencies make all or part of this mandatory course a part of their respective hiring standards. All agencies are welcome to use the academy Work Performance Course to assist in preparing their recruits for this new mandatory training.

The HRCJTA will treat this Work Performance Course the same as any other practical exercise. The recruit will be allowed three attempts to pass this course, and a fourth attempt will be allowed at the specific request of the agency as defined by HRCJTA Policy #7 Academic Standards.

Other changes to physical training are:

- 9.1.1. Engage in stand-alone physical exercise for a minimum of 60 hours, during academy time.
- 9.3.1. Demonstrate extracting an object that weighs at least 150 pounds from a vehicle, to simulate effecting a rescue.

The 60-hour mandate for physical training will require the Basic Law Enforcement (BLE) class to increase the total number of days in order to meet this mandate. Defensive Tactics, Firearms, and Practical Exercises **cannot** be counted towards the 60-hour total.

Please refer to DCJS compulsory minimum standards, Category 9- Wellness, for additional understanding of the required mandates for all basic students' certifications.